



Almonds Restaurant & Bar

Cumbrian Food — Locally Sourced - Relaxed Dining

ALMONDS

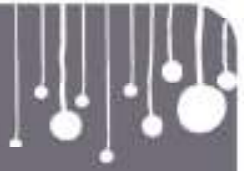
Almonds, is the Angus Hotel's informal restaurant.

Martin, the chef/owner has worked for many years in the hospitality industry and the menu he has created is inspired by Cumbrian, regional and British dishes, both traditional and modern.

All our food is sourced locally and freshly prepared on the premises including our own baked bread, chutneys, soups & desserts.

Daily specials and local Cumbrian ales are also available.

Rachel & Martin Perry



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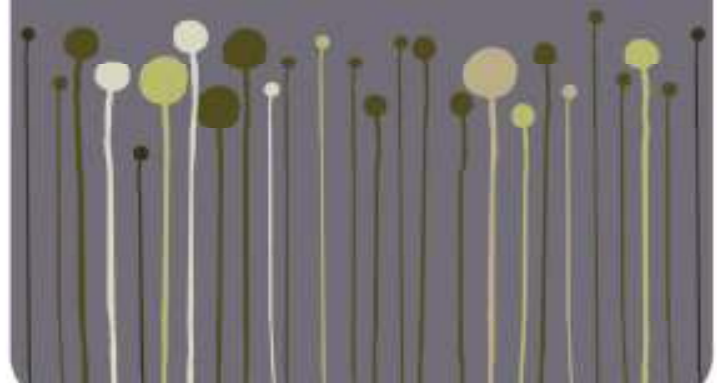
Opening Hours
Tues – Sat 6.30 – 8.30pm (last orders)

Almonds Restaurant

14 Scotland Road, Carlisle,

CA3 9DG

Tel 01228 523 546



STARTERS

Lancashire cheese, breaded and deep fried served with red onion marmalade (v) **5.45**

Spicy fish cakes accompanied with a tomato relish **5.95**

Cumbrian rustic pork sausage & chicken terrine with sultana & apple chutney **5.45**

Smoked peppered mackerel salad served with a beetroot relish **5.75**

Soup of the day with our own home baked bread (v) **4.75**

MAIN COURSES

Chicken breast with soft Eden valley brie, smoked bacon, & pesto roast tomatoes **12.95**

Cumbrian 9oz rib eye steak, with lemon & pepper seasoning, spicy potatoes & Balsamic tomato **17.50**

Pork loin steak, with Cumberland honey mustard, field mushrooms & cream **11.85**

Salmon fillet, grilled, with wild rocket salad and a tomato & chilli dressing **13.95**

Leek & cheese tart, with salad leaves & a honey & mustard dressing (v) **9.95**

The above main courses are accompanied with vegetables & potatoes of the day

Please ask for the chef's specials of the day



DESSERTS

Cherry & almond tart, with a crunchy almond topping served with cherry sauce **4.95**

Sticky toffee pudding, traditional Cumbrian dessert with sticky toffee **4.95**

Cheesecake, baked with vanilla & cream cheese topped with a blueberry sauce **4.95**

Ginger pudding, butter baked with ginger & honey served with a ginger toffee sauce (v) **4.95**

Chocolate rum torte, with rich dark chocolate served with a sweet blackcurrant couli **4.95**

The above desserts are accompanied with either English Lakeland ice-cream or dairy cream

Please ask for the chef's specials of the day